

TREATMENT OF THE PATIENTS CARE IN MENTAL HEALTH AND REFORMS IN THIS SECTOR (THE CASE OF SHKODRA)

Dr.Irena (Shestani) Shala¹ Drnt.Kilda (Çela) Gusha²

¹Directory of Public Health, Shkoder, irenashestani@gmail.com

²Directory of Public Health,Shkoder, kildacela@hotmail.com

Abstract

In recent years, the typology of the existing psychiatric services has changed as a result of mental health reform. They have become an integral part of the system of public services and new services have been set up previously unknown, such as community mental health center (QKSHM), home based, day care centers, etc. Also, not only changed the duties of existing staff doctors and nurses, but it is enriched by a growing number of new professions in mental health, psychologists, social workers, occupational therapists, etc. The main purpose of this assessment is to provide an overview of the situation of mental health care in Albania, through: • Description of the legal and regulatory documents, as well as mental health services and human resources that provide their care in this sector. • Identification of key issues related to the provision of quality care and the Policy for Development of Mental Health Services in Albania. Reforms undertaken in recent years in Albania has changed not only the number but also the typology of mental health services in the country. Within the meeting the two main objectives of the reform, evaluation of the implementation of the action plan for the development of mental health services, decentralization of services and deinstitutionalization of chronic patients, mental health services are enriched with a range of new structures, as centers community mental health, residential, etc., making them part of the network of public services provided to the population. Whereas previously traditional services of psychiatry were focused only on the treatment of mental disorders, new services, mainly community-based, focus on them, not only the treatment of mental disorders, but also rehabilitation and integration into society of persons with problems mental health, and promoting positive mental health for the entire population.

Keywords: *Reform, Public services, Mental Health Services, Albania.*